

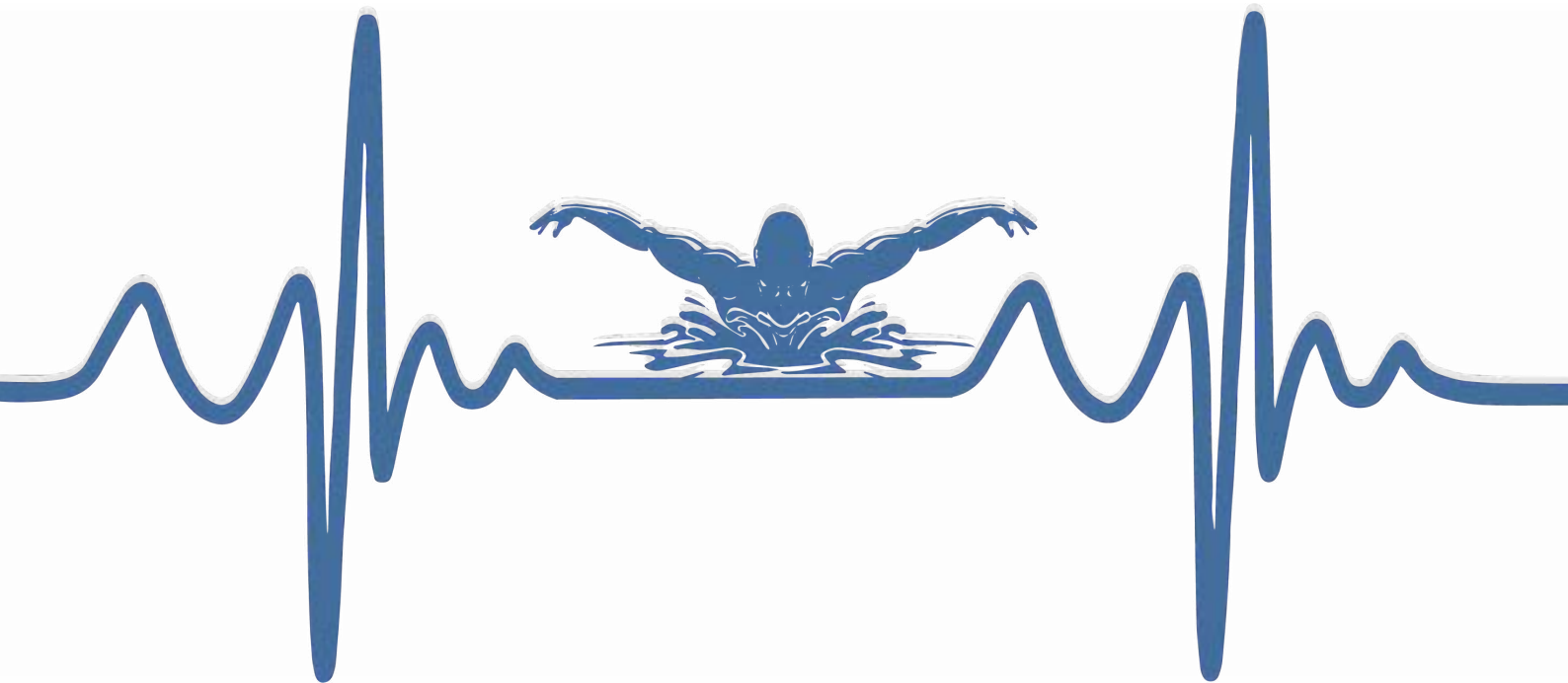
# Swimming

AUCKLAND ■ NORTHLAND



## 2025 SHORT COURSE CHAMPIONSHIPS

22-24 AUGUST 2025



All events age grouped as 11/U, 12-13, 14-15, 16-17, Open

WEST WAVE AQUATIC CENTRE, ALDERMAN DRIVE, HENDERSON

## Meet programme

Session 1 Heats Friday 22 August 2025 Doors Open 10.30 am Warm-Up (12/O): 11.00am - 11.45am Start: 12.00pm					
Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
<b>1</b>	12/O 200 Free H	M	<b>2</b>	12/O 200 Free H	F
<b>3</b>	12/O 50 Back H	M	<b>4</b>	12/O 50 Back H	F
<b>5</b>	12/O 400 IM TF	M	<b>6</b>	12/O 400 IM TF	F
<b>7</b>	12/O 50 Fly H	M	<b>8</b>	12/O 50 Fly H	F
<b>9</b>	12/O 100 Breast H	M	<b>10</b>	12/O 100 Breast H	F
<b>11</b>	12/O 1500 Free TF	M	<b>12</b>	12/O 1500 Free TF	F

Session 2 Finals Friday 22 August 2025 Warm-Up: 4.30pm-5.15pm Start: 5.30pm					
Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
<b>1F</b>	12/O 200 Free	M	<b>2F</b>	12/O 200 Free H	F
<b>3F</b>	12/O 50 Back	M	<b>4F</b>	12/O 50 Back H	F
<b>5F</b>	12/O 400 IM TF Fastest heat	M	<b>6F</b>	12/O 400 IM TF Fastest Heat	F
<b>7F</b>	12/O 50 Fly	M	<b>8F</b>	12/O 50 Fly	F
<b>9F</b>	12/O 100 Breast	M	<b>10F</b>	12/O 100 Breast	F
<b>11F</b>	12/O 1500 Free TF Fastest heat	M	<b>12F</b>	12/O 1500 Free TF Fastest heat	F

**Session 3 Heats Saturday 23 August 2025**  
Doors Open 7.30 am  
Warm-Up (12/O): 8.00 - 8.45 am Start: 9 am

Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
13	12/O 100 Free H	M	14	12/O 100 Free H	F
15	12/O 200 IM H	M	16	12/O 200 IM H	F
17	12/O 50 Breast H	M	18	12/O 50 Breast H	F
19	12/O 200 Back H	M	20	12/O 200 Back H	F
21	12/O 100 Fly H	M	22	12/O 100 Fly H	F
23	Open 400 Free TF	M	24	Open 400 Free TF	F
25	11/U 100 Free TF	M	26	11/U 100 Free TF	F
27	11/U 200 IM TF	M	28	11/U 200 IM TF	F
29	11/U 50 Breast TF	M	30	11/U 50 Breast TF	F
31	11/U 200 Back TF	M	32	11/U 200 Back TF	F
33	11/U 100 Fly TF	M	34	11/U 100 Fly TF	F
35	11/U 50 Back TF	M	36	11/U 50 Back TF	F
37	11/U 100 Breast TF	M	38	11/U 100 Breast TF	F

**Session 4 Finals Saturday 23 August 2025**  
Warm-Up: 3.30 - 4.15pm Start: 4.30pm

Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
13F	12/O 100 Free H	M	14F	12/O 100 Free H	F
15F	12/O 200 IM H	M	16F	12/O 200 IM H	F
17F	12/O 50 Breast H	M	18F	12/O 50 Breast H	F
19F	12/O 200 Back H	M	20F	12/O 200 Back H	F
21F	12/O 100 Fly H	M	22F	12/O 100 Fly H	F
23F	12/O 400 Free Fastest heat	M	24F	12/O 400 Free Fastest heat	F

Session 5 Heats & Timed Finals Sunday 24 August 2025 Doors Open 7.30 am Warm-Up (12/O): 8.00 - 8.45 am Start: 9 am					
Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
<b>39</b>	12/O 200 Fly H	M	<b>40</b>	12/O 200 Fly H	F
<b>41</b>	12/O 100 Back H	M	<b>42</b>	12/O 100 Back H	F
<b>43</b>	12/O 800 Free TF	M	<b>44</b>	12/O 800 Free TF	F
<b>45</b>	12/O 200 Breast	M	<b>46</b>	12/O 200 Breast	F
<b>47</b>	12/O 50 Free	M	<b>48</b>	12/O 50 Free	F
<b>49</b>	12/O 100 IM	M	<b>50</b>	12/O 100 IM	F
<b>51</b>	11/U 200 Free TF	M	<b>52</b>	11/U 200 Free TF	F
<b>53</b>	11/U 50 Fly TF	M	<b>54</b>	11/U 100 Back TF	F
<b>55</b>	11/U 100 Back TF	M	<b>56</b>	11/U 100 Back TF	F
<b>57</b>	11/U 200 Breast TF	M	<b>58</b>	11/U 200 Breast TF	F
<b>59</b>	11/U 50 Free H	M	<b>60</b>	11/U 50 Free H	F
<b>61</b>	11/U 100 IM	M	<b>62</b>	11/U 100 IM	F

Session 6 Finals Sunday 24 August 2025 Warm-Up: 3.30 - 4.15pm Start: 4.30pm					
Event	Distance/Stroke	Gender	Event	Distance/Stroke	Gender
<b>39F</b>	12/O 200 Fly H	M	<b>40F</b>	12/O 200 Fly H	F
<b>41F</b>	12/O 100 Back H	M	<b>42F</b>	12/O 100 Back H	F
<b>43F</b>	12/O 800 Free Fastest Heat	M	<b>44F</b>	12/O 800 Free Fastest Heat	F
<b>45F</b>	12/O 200 Breast	M	<b>46F</b>	12/O 200 Breast	F
<b>47F</b>	12/O 50 Free	M	<b>48F</b>	12/O 50 Free	F
<b>49F</b>	12/O 100 IM	M	<b>50F</b>	12/O 100 IM	F

**SC QUALIFYING TIMES**  
2025 Swimming Auckland Short Course Championships (25m)  
Age as at 22 August 2025

MALE					Event	FEMALE				
11/U	12-13	14-15	16-17	18/O		11/U	12-13	14-15	16-17	18/O
35.50	32.00	31.50	29.00	26.00	50 Free	35.50	33.00	32.00	31.50	31.00
1.18.50	1.10.50	1.08.50	1.00.00	57.00	100 Free	1.18.50	1.11.00	1.09.75	1.06.50	1.06.00
2.52.00	2.33.00	2.32.00	2.20.00	2.12.00	200 Free	2.52.00	2.36.00	2.33.50	2.26.00	2.24.00
	5.20.00	5.18.50	5.00.00	4.40.00	400 Free		5.22.00	5.18.50	5.08.00	5.00.00
	12.40.50	12.26.40	12.16.40	12.16.40	800 Free		12.40.00	12.26.40	12.16.40	12.16.40
	23.30.00	23.10.50	22.52.50	22.52.50	1500 Free		23.30.00	23.10.50	22.52.50	22.52.50
44.00	38.00	36.50	34.00	33.00	50 Back	44.00	39.00	36.50	36.00	35.00
1.31.00	1.22.00	1.19.50	1.12.00	1.10.00	100 Back	1.31.00	1.23.00	1.19.50	1.14.00	1.12.00
3.10.00	2.52.50	2.50.50	2.40.00	2.30.00	200 Back	3.10.00	2.53.50	2.50.50	2.44.00	2.40.00
52.50	46.50	44.25	40.00	36.00	50 Breast	52.50	47.50	45.25	42.00	41.50
1.44.00	1.34.50	1.33.00	1.28.00	1.20.00	100 Breast	1.44.00	1.35.00	1.34.00	1.31.00	1.30.00
3.40.00	3.22.00	3.20.00	3.05.00	2.55.00	200 Breast	3.40.00	3.24.00	3.22.50	3.15.00	3.10.00
42.00	38.00	36.00	32.00	29.00	50 Fly	42.00	40.00	37.00	35.00	34.00
1.40.00	1.24.00	1.23.00	1.16.00	1.12.00	100 Fly	1.40.00	1.24.50	1.23.50	1.20.50	1.18.00
	3.12.00	3.09.00	2.55.00	2.45.00	200 Fly		3.13.00	3.09.00	3.00.00	2.55.00
1.33.00	1.24.00	1.19.5	1.12.00	1.10.00	100 IM	1.33.00	1.25.00	1.21.50	1.18.00	1.17.50
3.15.00	2.52.00	2.50.00	2.40.00	2.35.00	200 IM	3.15.00	2.54.50	2.53.00	2.45.00	2.40.00
	6.12.00	6.08.00	6.00.00	5.40.00	400 IM		6.12.00	6.08.00	6.05.00	6.00.00

## MEET CONDITIONS & INFORMATION

Swimming Auckland Championships are conducted under SNZ and Swimming Auckland Regulations with the following conditions and criteria:

- Eligibility:** Entries are open to all registered competitive swimmers, who have achieved the qualifying times.
- Qualifying Period:** No qualifying period.
- Age:** Age as at 22 August 2025
- Individual Entries:** Converted times can be used. Except for athletes with a current PARA classification, non-qualifying times (NQT) will not be accepted.
- Closing Date:** **Tuesday 12 August** at 11.59PM  
LATE ENTRIES WILL NOT BE ACCEPTED.
- Entries:** To be entered directly into the SNZ Database.
- Entry Fees:** Individual Entries:  
**Registered Swimmers \$16.00** per entry incl. GST.  
**Payment to be made via SNZ database by credit/debit card at time of entry.**  
Payment by clubs:  
**Direct Credit**  
Account number 12-3011-0757520-00  
Ref: SA SC25 Code: Please use club abbreviation e.g. AKWSC
- Athletes with a Disability:** Swimming Auckland has a “mainstreaming” policy relating to athletes with a disability. Athletes who hold an IPC Classification are eligible to participate in this programme and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their IPC Classification and to supply the Referee with their IPC Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules.
- Starts:** **Heats:** ‘Over the Top’ starts will be used and the WA One Start Rule (SW 4.4) will apply.  
**Finals:** The pool will be cleared between races.
- Heats:** **Heats will be seeded slowest to fastest.**
- Timed Finals:** **These will be swum slowest to fastest.**  
**All 11/U events are timed finals.**  
**400Free, 400 IM, 800 Free and 1500 Free are timed finals**
- Finals:** **There will be a final for each of the designated age groups:**  
**12-13 years, 14-15 years, 16-17 years, Open (Top 8 overall)**  
**Only 2 visitors will be eligible to qualify for each age group final.**  
**Open final to be contested by Top 8 qualifiers (including any visitors)**
- 1500M Free, 800 Free, 400 IM & 200 Fly:** **These are 12/O events only.**
- 400 Free:** **This is a 12/O event.**  
**11 and under swimmers that have made the 12-13 year qualifying time or above may enter.**  
**Medals will be awarded according to the designated 12/O age groupings.**
- 800 / 1500 Free** **Open event restricted to the Top 24 entries. Up to four visitors entries per event will be accepted. Further visitors entries will be accepted if less than 20 Swimming Auckland swimmers entries per event are received.**
- Tech Suits:** **The Swimming Auckland 12/U Tech Suit restriction will apply to this meet.**

**Marshalling:** **Heats:** There will be no marshalling. Swimmers are to self-marshall at their lane just before the start of their event. No races will be delayed if swimmers fail to appear for their event.  
**Finals:** All finalists are to report to marshalling at least 4 races prior to their scheduled event. There will be NO reserves

**Pool Deck:** **All Team Managers** must be on the SNZ Database. Team Managers must be notified to Swimming Auckland and sign in for each session.  
Officials must wear their Swimming Auckland Officials shirt and be police vetted.  
Coaches must be notified to Swimming Auckland and sign in for each session.  
No access to the poolside area will be permitted unless notified to the Swimming Auckland Office prior to the start of the meet.

**Warm-up Supervision:** **It is a Swimming Auckland requirement that all swimmers are supervised during warm-up by their coach or a nominated supervisor as advised to the Swimming Auckland Office prior to the start of the meet and they must be signed in for each session. This is to ensure the health and safety of all swimmers during what can be a chaotic time.**

**Warm up prior to start of the heats sessions is restricted to 12/O swimmers only.**  
**A timeline will be advised for warmup for 11/U swimmers after entries have closed.**

**Medals:** Medals will be awarded to the top three Auckland place-getters in each event by age group.  
**11/U, 12-13 years, 14-15 years, 16-17 years, Open in each eligible event**

Age-Group medals will be awarded based on performance in Finals.  
A maximum of two visitor medals will be awarded in each event, in each age-group, if finishing in the top three places.  
Open medals will be awarded to the top 3 placings including visitors.

**Withdrawals:** **NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed. This may be reviewed at the discretion of Swimming Auckland upon application within 24 Hours of meet closing.

#### **Heats**

All withdrawals from Session 1 are to be received at the Swimming Auckland office by 10AM Friday 22 August 2025. Withdrawals for Session 3 & 5 must be into the AOD control room within 15 minutes of the preceding session or emailed to [events@swimmingauckland.org](mailto:events@swimmingauckland.org). The same time frame applies to all email withdrawals.

#### **Finals**

**There is a \$50 finals withdrawal fee and this will be enforced.**

Where swimmers have qualified for multiple finals in the same session and consequently need to withdraw from some events, scratching penalties may be waived by the meet director. In this case any withdrawals must be approved by the meet director prior to the end of the applicable heat session. Such withdrawals are to be arranged by team managers or coaches only.

**Withdrawals from finals must be into the AOD control room within 30 minutes of the finals list being posted.**

**Penalties:**  
R7.10.2

**A Penalty Fee of \$15 per event** will be charged for late or non-withdrawals from heats  
**A Penalty Fee of \$25 per event** will be charged for late or non-withdrawal from timed finals  
**A Penalty Fee of \$100 per Final** will be charged for late or non-withdrawals from finals

**Protests:** Protest fee = \$100. Payable upon submission of correctly completed protest form. Protests must be lodged within 30 minutes of results posting.

**Member  
Protection Policy:**

SNZ operates a Member Protection Policy.  
All participants in this meet agree to be bound by the conditions of this policy as a condition of entry.

**All participants must agree to comply with the Sports Anti-Doping Rules**

**Photography:** Spectators wishing to use long-lensed cameras must register with Swimming Auckland 3 days prior to the meet commencing. Please send requests to: [events@swimmingauckland.org](mailto:events@swimmingauckland.org)

In entering this Championship, participants agree to allow photograph, video, multimedia or film likeness taken by accredited photographers, to be used for any legitimate purpose by Swimming Auckland, their sponsors or others.